

The founding of Rome



Romulus and Remus were twin boys who were left in a basket on the Tiber River when they were babies.

They were found and raised by a she-wolf and later by a shepherd. As the boys grew older they became natural leaders,

The twins eventually came to the place where Rome is located today but neither could decide on which hill to build the city on. Each started to build their cities on different hills but one day fought over this. Romulus killed Remus and officially founded the city on April 21, 753 BC, making himself king, and naming it Rome after himself.

The Romans lived in the city of ancient Rome which was founded in 753BC. The River Tiber gave Rome good soil and trade links so it was a wealthy city. Gradually, the Romans won battles and became more and more powerful. Soon the city of Rome had an empire which would last until 476 AD.

















Stone Age 15.000BC - 2.500BC

Where does this fit on

our timeline?

Iron Age Bronze Age 3.000BC - 800BC 800BC - AD43

Romans in Britain AD43 - AD410

Anglo-Saxons AD449 - AD1066

Ancient Romans

Vikinas AD793 - AD1066 Normans AD1066 - AD1154

Tudors AD1485 - AD1603

Civil War & Revolution AD1603 - AD1714

The Industrial Revolution AD1760 - AD1820 (approx.)

World Wars First World War: 1914 - 1918 Second World War: 1939 - 1945

Modern Britair 1945 - Present Da



Men and boys wore a knee-length tunic and im-

portant men would wear a toqa. Women wore a

longer tunic than men and would wear a dress

called a stola over their tunics. Romans wore



leather sandals on their feet. The Romans diet typically consisted of fruits, veqetables, breads and porridge sweetened with honey. Rich Romans ate large reasts and a wide variety of foods, sourced from across the empire.



Poor Romans lived in small, cramped houses called insulae. These could house up to 30 Romans. Rich Romans lived in villas domus and they had slaves to run the household.

Roman cilizens could work as farmers, merchants,

The Romans would visit bath houses as a social

activity. For the wealthy, dinner parties would fea-

ture music, dancing, and poetry readings. Going to

watch the games was very popular and in Rome

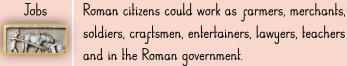
the ramous Colosseum could seat about 50,000

spectators who came to watch events

including gladiatorial fighting.

Victorians

AD1837 - AD1901



Leisure

Pompeii

Did you know that the ancient city of Pompeii was buried under meters of ash and pumice after the catastrophic eruption of Mount Vesuvius in 79 AD?





Archaeologists and historians have been able to learn a lot about Roman life from Pompeii because of the way the volcanic ash preserved the city and its people.



Roman Technology

- Cement made tricky and complex buildings easier to build
- Although Romans did not invent **arches** in buildings. they perfected them and used them widely in buildings and aqueducts
- Aqueducts channelled gresh water to the cities
- Hygiene was very important to the Romans and **public bath houses** allowed the Roman people to stay clean and socialise
- Sewerage systems were introduces and Rome had around 150 communal (shared) toilets dotted around the city
- Improved roads made travel much easier





Glossary			
AD From the Latin 'Anno Domini' which means "in the year of our lord" and refers to the time after Christ was born			
BC 'Before Christ' or the time before Christ was born.		Mosaic	Picture or pattern made from small tiles
Amphitheatre	A circular open-air performance space	Patrician	Arisłocracy of Rome
Ancient	Belonging to the distant past	Plebians	Ordinary working people of Rome
Cilizen	A legally recognized subject with rights e.g. the right to vote	Public bath	Large pool where people can bathe togeth- er
Empire	A group of states or countries rules over by a single monarch	Republic	A state where power is held by the peo- ple and their elected representatives
Emperor	A male monarch who rules an empire	Slave	People who belonged to other people
Gladiator	A slave who was trained to fight		and had no rights or freedom